

2021 - 2022 HEALTH RESOURCE Guide For Caregivers

ASSISTANCE FOR OLDER ADULTS, PEOPLE WITH DISABILITIES AND THEIR FAMILIES







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TO LOCATE THE HELP YOU NEED IN TEXAS:

DIAL 2-1-1 (press option one)

Alternate Helpline: (877) 541-7905



FIND THE HELP YOU NEED FOR EMERGENCY MENTAL HEALTH, SUBSTANCE ABUSE DISORDER AND DISABILITY SERVICES INFORMATION:

Call or Text: (817) 335-3022 **Toll Free:** (800) 866-2465



TARRANT CARES

Tarrant Cares is an online information service for individuals, families, caregivers and agencies that provides countless solutions for issues that you or your family may be facing. Find the services you need 24 hours a day at **www.tarrantcares.org.**

*Spanish speakers are available upon request.

MEDICALERT® + ALZHEIMER'S ASSOCIATION SAFE RETURN®

Our nationwide emergency response service facilitates the safe return of individuals living with Alzheimer's disease or another dementia who wander or have a medical emergency. The Alzheimer's Association, in collaboration with MedicAlert® Foundation, provides membership plans with 24/7 Wandering Support.

To enroll, visit **medicalert.org/alz** and use promo code **ALZ** or call (800) 432-5378.



Live 24-hour emergency response for wandering and medical emergencies



TEXAS SILVER ALERT

Wandering impacts families and caregivers statewide, affecting those who suffer with various mental conditions such as Alzheimer's disease and other forms of dementia. In 2007, the state's Silver Alert program was created by Texas legislation to notify the public of missing older adults with a documented mental condition.

Below represents Silver Alert criteria for the state's network:

- Is the missing person 65 years of age or older?
- Does the senior citizen have a diagnosed impaired mental condition, and does the senior citizen's disappearance pose a credible threat to the senior citizen's health and safety? (Law enforcement shall require the family or legal guardian of the missing senior citizen to provide documentation from a medical or mental health professional of the senior citizen's condition).
- Is it confirmed that an investigation has taken place verifying that the senior citizen's disappearance is due to his/her impaired mental condition, and alternative reasons for the senior citizen's disappearance have been ruled out?
- Is the Silver Alert request within 72 hours of the senior citizen's disappearance?
- Is there sufficient information available to broadcast to the public that could assist in locating the senior citizen? (Highway signs will be activated only if accurate vehicle information is available and it is confirmed that the senior citizen was driving the vehicle at the time of the disappearance).

NOTE: A PHYSICIAN'S LETTERHEAD, INDICATING THE IMPAIRED MENTAL CONDITION, DATE OF DIAGNOSIS, PATIENT'S NAME, WITH PHYSICIAN'S SIGNATURE IS RECOMMENDED TO SATISFY THE DOCUMENTATION REQUIREMENT.

GUIDE FOR CAREGIVERS



ADULT DAY SERVICES

The following Day Centers accept clients with mild Dementia or Alzheimer's. Many centers may need to complete an assessment before providing services. The Day Centers are not locked facilities and will not accept clients who exhibit exit-seeking behaviors.

ARLINGTON ADULT DAY HEALTH CARE CENTER

2117 Roosevelt Drive, Ste. F, Pantego, TX 76013 (817) 795-8066 www.aadhc.org

GOLDEN CHOICE ADULT DAY CENTER

5415 E Lancaster Avenue, Fort Worth, TX 76112 (817) 451-4411

JAMES L. WEST ALZHEIMER'S CENTER FOR DEMENTIA CARE

1111 Summit Avenue, Fort Worth, TX 76102 (817) 877-1199 www.jameslwest.org

NORTHSIDE ADULT DAYCARE CENTER, INC.

1401 Clinton Avenue, Fort Worth, TX 76164 (817) 740-1611

For a complete list of Adult Day Activity Centers in Tarrant County:

Visit apps.hhs.texas.gov/LTCSearch



COMMUNITY RESOURCES

ALZHEIMER'S ASSOCIATION NORTH CENTRAL TEXAS CHAPTER

2630 W Freeway, Ste. 100, Fort Worth, TX 76102 24/7 Helpline: (800) 272-3900 www.alz.org/northcentraltexas

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. The Alzheimer's Association leads the way to end Alzheimer's and all other dementia - by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Locally, we provide the following services to help clients make informed decisions:

- Support Groups
- Care Consultations
- Education
- Community Outreach
- Family Care Services
- Early Stage Programs

AREA AGENCY ON AGING TARRANT COUNTY

1500 N Main Street, Fort Worth, TX 76164 (817) 258-8081 www.unitedwaytarrant.org/aaa

The Area Agency on Aging assesses the needs of adults age 60 and older and sets priorities for services. Provides funding for a variety of services and programs for older adults, including respite for caregivers, congregate meals, home delivered meals, medical transportation and more through partnerships with many community organizations.

DEMENTIA FRIENDLY FORT WORTH

705 W. 5th Street, Fort Worth, TX 76102 (817) 332-6266 www.dffw.org

Dementia Friendly Fort Worth is leading the charge to create Dementia Friendly communities across Tarrant County. Dementia Friendly Fort Worth collaborates with community partners to advocate for systems change and provide education, resources, and services that will enhance the lives of those with dementia and their care partners. Programs offered include:

- Education Opportunities for everyone to increase awareness and understanding of dementia
- Education and certification for Dementia Friendly Businesses, organizations, and institutions
- Advocacy for practices and opportunities that enrich the lives of persons with dementia and their care partners
- Innovative social opportunities for persons living with dementia and their care partners including:
 - > Weekly Dementia Friendly Chapel
 - > Virtual 5th Street Cafe: A dementia friendly social club
 - > Weekday-Activities for people living at home with dementia

HELPING RESTORE ABILITY (HRA)

4300 Beltway Place, Ste. 130, Arlington, TX 76018 (817) 469-1977; Toll Free: (866) 471-9999 www.hratexas.org

HRA provides services that enable individuals to stay in their homes, attend school or go to work and remain self-sufficient. Services include Client Managed Personal Attendant Services, Consumer Directed Services, Primary Home Care and private pay services.

SIXTY AND BETTER

1400 Circle Drive, Suite 300, Fort Worth, TX 76119 (817) 413-4949 www.sixtyandbetter.org

For more than five decades, Sixty and Better has provided a place for older adults to have fun, be well, and stay connected. With their signature programs, participants report significantly increasing their activity levels, healthy eating habits, social interactions, and that they have opportunities to contribute to their community in meaningful ways.

TEXAS HEALTH AND HUMAN SERVICES COMMISSION (HHSC)

801 S Highway 161, Ste. 700, Grand Prairie, TX 75051 Administration: (972) 337-6100 Adult Protective Services: (800) 252-5400 Complaint Hotline: (800) 458-9858 Intake Toll Free: (888) 337-6377 Ombudsman Program: (800) 252-2412 Texas Office of the Attorney General: (800) 252-8011 hhs.texas.gov

HHSC provides services for seniors and people with disabilities who request assistance in maintaining their independence as well as institutional care for those who require that level of support. Services provided include adult foster care, adult day care and assistance with tasks such as personal care and house cleaning.

LEGAL AND FINANCIAL SERVICES

PLEASE NOTE: Attorney listings were obtained through the websites of Tarrant County Probate Courts. These lists were compared and attorneys appearing on both were reviewed to ascertain specialty practice areas of elder law and/ or wills, trusts and probate through the State Bar of Texas attorney profiles. Individuals who indicated a practice area of wills, trusts and probate were contacted individually to ascertain the practice of guardianship law; individuals who reported practicing guardianship law were placed on the special-needs listing.

DISABILITY RIGHTS TEXAS

1420 W Mockingbird Lane, Ste. 450, Dallas, TX 75247 (214) 630-0916; Intake Line: 1-800-252-9108 www.disabilityrightstx.org

Disability Rights Texas is the federally designated legal protection and advocacy agency for people with disabilities in Texas. They help people with disabilities understand and exercise their rights under the law, ensuring their full and equal participation in society.

DISPUTE RESOLUTION SERVICES OF NORTH TEXAS, INC.

4304 Airport Freeway, Ste. 100, Fort Worth, TX 76116 (817) 877-4554 www.drsnorthtexas.org

Dispute Resolution Services provides a neutral forum where people can reach satisfactory settlements to disagreements through mediation, in lieu of formal court or legal action. Mediation is confidential and facilitated by a neutral third party to help reach a mutually acceptable resolution.

FINANCIAL EXPLOITATION PREVENTION CENTER (FEPC)

1125 College Avenue, Fort Worth, Texas 76104 (817) 720-6556 www.financialexploitationpreventioncenter.org

The FEPC is a unified network of partners committed to the protecting of aging and disabled adults by preventing and prosecuting their financial exploitation. Families of vulnerable adults, who are aging or have one or more physical, developmental or cognitive disabilities, will be connected to community services, programs and support.

GUARDIANSHIP SERVICES, INC. (GSI)

1125 College Avenue, Fort Worth, Texas 76104 (817) 921-0499 www.guardianshipservices.org

GSI, through its Guardianship Program, serves as surrogate decision maker for individuals who lack capacity as determined by the Tarrant County Probate Court and have no one else able to assist with their care. The Money Management Program is a less-restrictive alternative to guardianship and assists low-income clients who are not capable of managing their finances in their own best interest. Money management programs include: representative payee, financial education and coaching.

LEGAL AID OF NORTHWEST TEXAS

600 E Weatherford Street, Fort Worth, TX 76102 (817) 336-3943 Toll Free: (800) 955-3959 www.lanwt.org

Legal Aid of North West Texas offers free civil legal assistance to low-income Texans. They provide services by assisting with cases on housing problems, government benefits, health and medical care, utility problems, family law, consumer law and other civil matters.

LEGAL HOTLINE FOR TEXANS

(800) 622-2520

The Legal Hotline for Texans gives free, legal advice, self-help publications and referrals to Texans over the age of 60 and Texans who receive Medicare.

For more information on Legal and Financial services in your area:

Visit www.211texas.org

GUARDIANSHIP AND SPECIAL NEEDS LEGAL SERVICES

PAUP, SHUTT, AND ASSOCIATES

5020 Collinwood Avenue, Ste. 200, Fort Worth, TX 76107 (817) 737-5020 Practice Areas: Elder Law, Taxation, Wills-Trusts-Probate, Guardianship Contact: Aaron Shutt (ashutt@pauplaw.com)

CHAMPLIN LAW FIRM

550 Bailey Avenue, Ste. 315, Fort Worth, TX 76107 (817) 348-0503 Practice Areas: Business, Real Estate, Wills-Trusts, Guardianship

DYANN MCCULLY AND KORY WILBURN NELSON, THE BLUM FIRM, PC

777 Main Street, Ste. 700, Fort Worth, TX 76102 (817) 334-0066 Practice Areas: Wills-Trusts-Probate, Guardianship

JOHN G. BENOIST ATTORNEY AT LAW

P.O. Box 121817, Fort Worth, TX 76121 (817) 696-9255 Practice Areas: Elder Law, Labor-Employment, Wills-Trusts-Probate, Juvenile

KAREN HUTCHINSON GORDON, GORDON AND SYKES, LLP

1320 S University Drive, Ste. 806, Fort Worth, TX 76107 (817) 338-0724 Practice Areas: Business, Guardianship

KELLY ELIZABETH DEBERRY, GRIFFITH JAY MICHEL, LLP

2200 Forest Park Boulevard, Fort Worth, TX 76110 (817) 926-2500 Practice Areas: Family, Wills-Trusts-Probate, Guardianship, Litigation, Bankruptcy, Appeals

LAW OFFICE OF MARTIN A. RECHNITZER, PC

388 SW Johnson Avenue, Burleson, TX 76028 (817) 551-1752 Practice Areas: Business, Elder Law, Wills-Trusts-Probate, Guardianship

KATTEN AND BENSON

4763 Barwick Drive, Ste. 100, Fort Worth, TX 76132 (817) 263-5190 Practice Areas: Elder Law, Other, Wills-Trusts-Probate, Guardianship

POPE, HARDWICKE, CHRISTIE, SCHELL, KELLY AND TAPLETT, LLP

500 W Seventh Street, Ste. 600, Fort Worth, TX 76102 (817) 332-3245 Practice Areas: Litigation: Commercial, Litigation: Personal Injury, Oil and Gas, Real Estate, Wills-Trusts-Probate, Guardianship

SAWYER LAW FIRM, PLLC

500 W Seventh Street, Ste. 750, Fort Worth, TX 76102 (817) 335-2208 Practice Areas: Wills-Trusts-Probate, Guardianship

ELDER LAW

AARON JAMES SHUTT, PAUP, SHUTT AND ASSOCIATES, PC

5020 Collinwood Avenue, Ste. 200, Fort Worth, TX 76107 (817) 737-5020 Practice Areas: Elder Law, Taxation, Wills-Trusts-Probate, Guardianship

ANGELA HARVEY

4758 Benbrook Boulevard, Benbrook, TX 76116 (817) 560-8100 Practice Areas: Elder Law, Wills-Trusts-Probate

BOB LEONARD LAW GROUP, PLLC

101 Summit Avenue, Ste. 300, Fort Worth, TX 76102 (817 336-8500 Practice Areas: Appellate: Civil, Collaborative Law, Elder Law, Family, Wills- Trusts-Probate

CARY MICHAEL SCHROEDER, SCHROEDER LAW FIRM

1009 Henderson Street, Fort Worth, TX 76102 (817) 704-4004 Practice Areas: Elder Law, Wills-Trusts-Probate

JOHN G. BENOIST ATTORNEY AT LAW

P.O. Box 121817, Fort Worth, TX 76121 (817) 696-9255 Practice Areas: Elder Law, Labor-Employment, Wills-Trusts-Probate

KAREN HUTCHINSON GORDON, GORDON AND SYKES, LLP

1320 S University Drive, Ste. 806, Fort Worth, TX 76107 (817) 338-0724 Practice Areas: Business, Guardianship, Estate Planning

LAW OFFICE OF MARTIN A. RECHNITZER, PC

388 SW Johnson Avenue, Burleson, TX 76028 (817) 551-1752 Practice Areas: ADR, Business, Elder Law, Wills-Trusts-Probate, Guardianship

LAW OFFICE OF TAWANA H. GRAY, PLLC

400 E Weatherford Street, Ste. 207, Fort Worth, TX 76102 (817) 778-9968 Practice Areas: Wills-Trusts-Probate, Other

LISA MICHEL MCCULLOUGH, SANDERS LAW GROUP, PLLC

6245 Rufe Snow Drive, Ste. 280, Fort Worth, TX 76148 (817) 887-9965 Practice Areas: Administrative and Public, Business, Elder Law, Healthcare, Wills-Trusts-Probate

KATTEN AND BENSON

4763 Barwick Drive, Ste. 100, Fort Worth, TX 76132 (817) 263-5190 Practice Areas: Elder Law, Other, Wills-Trusts-Probate, Guardianship

BOURLAND, WALL AND WENZEL, PC

301 Commerce St., Suite 1500, Ft. Worth, TX 76102
(817) 877-1088
Practice Areas: Litigation: Commercial, Litigation: Personal Injury, Oil and Gas, Real Estate, Wills-Trusts-Probate, Guardianship

BROUDE, SMITH, JENNINGS, AND MCGLINCHEY, PC

309 W Seventh Street, Ste. 1100, Fort Worth, TX 76102
(817) 335-1615
Practice Areas: ADR, Business, Construction, Elder Law, Healthcare, Litigation: Commercial, Wills-Trusts-Probate

SPECIAL NEEDS ESTATE PLANNING

LAURA COORPENDER RAMIREZ, COORPENDER AND RAMIREZ, PLLC

4305 Windsor Centre Trail, Ste. 200, Flower Mound, TX 75028 (972) 539-2112

LIVENS AND REED, PLLC

2516 Harwood Road, Bedford, TX 76021 (817) 545-3425 Toll Free: (800) 569-2663

RICHARD O'CONNOR, BLANKENSHIP, WILAND AND O'CONNOR

8111 Preston Road, Ste. 550, Dallas, TX 75225 (214) 691-3400

STEPHEN E. DUBNER, DUBNER LAW

2785 Rockbrook Drive, Ste. 205, Lewisville, TX 75067 (214) 257-8818

THOMAS P. KROEHLE, JR., AIF

3939 Belt Line Road, Ste. 310, Addison, TX 75001 (972) 964-3444

LEGAL RESOURCES FOR VETERANS

LEGAL AID OF NORTHWEST TEXAS

(817) 546-4460 www.lanwt.org

TARRANT COUNTY VETERAN'S COURT

(817) 884-3225 www.tarrantcounty.com

TEXAS A&M FAMILY AND VETERANS ADVOCACY CLINIC

(817) 212-4123 www.law.tamu.edu

TEXAS LAWYERS FOR TEXAS VETERANS FORT WORTH CHAPTER

(817) 546-4460 www.texaslawhelp.org Tarrant County Chapter: www.txltxv.org

NUTRITION SERVICES

MEALS ON WHEELS, INC. OF TARRANT COUNTY

5740 Airport Freeway, Haltom City, TX 76117 (817) 336-0912 www.mealsonwheels.org

Meals On Wheels provides freshly prepared noon meals, refrigerated breakfast meals and occasional frozen weekend meals to homebound elderly and disabled individuals. Nutritional supplements may be provided for those at nutritional risk based on the recommendations of a physician or a registered dietitian. A comprehensive case management program is also offered. Case managers review each individual's living circumstance and make referrals as needed.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

1501 Circle Drive, Fort Worth, TX 76119 (817) 321-8000 www.fns.usda.gov/snap

The SNAP program is a federally regulated food assistance program. SNAP helps individuals get the nutrition and healthy food necessary. In a household, SNAP benefits are awarded to a single person or family who meets the program's requirements, which focus mainly on income and household size.

TARRANT AREA FOOD BANK

2600 Cullen Street, Fort Worth, TX 76107 (817) 857-7100 www.tafb.org

Tarrant Area Food Bank distributes food to a network of hunger-relief charities that provide emergency groceries, meals and snacks to Texans in need. They do not distribute food at their location but can assist seniors find a food bank location nearby where they can receive food. Their social services outreach staff can also help families and individuals apply for food assistance, financial assistance and healthcare.

SENIOR CENTERS

The following senior centers offer lunch and accept clients with mild Dementia or Alzheimer's. Clients must be independent or attend with a caregiver and cannot exhibit exit-seeking behaviors. Senior centers may have a membership fee.

ARLINGTON ADULT DAY HEALTH CARE (ROOSEVELT CENTER)

2117 Roosevelt Drive, Ste. F, Pantego, TX 76013 (817) 795-8066 www.aadhc.org

ARLINGTON - NEW YORK

2015 Craig Hanking Drive, Arlington, TX 76010 (817) 460-5009 www.arlingtontx.gov

AZLE SENIOR CENTER

601 SE Parkway, Azle, TX 76020 (817) 444-0070 www.legacyoaksazle.com

BARNABAS HOUSE

4409 Sycamore School Rd, Fort Worth, TX 76133 (817) 370-6242

COMO SENIOR CENTER

4900 Horne Street, Fort Worth, TX 76107 (817) 731-5354

CROWLEY REC CENTER

405 S. Oak St, Crowley, TX 76036 (817) 297-5170

DIAMOND HILL

1701 NE 36th St, Fort Worth. TX 76106 (817) 392-2269

EUGENE MCCRAY

4932 Wilbarger St, Fort Worth, TX 76119 (817) 392-7146

FELLOWSHIP CORNER

1601 New York Avenue, Fort Worth, TX 76104 (817) 392-2260

FOREST HILL SENIOR CENTER

7004 Forest Hill Drive, Fort Worth, TX 76140 (817) 293 - 8319

GRAPEVINE SENIOR CENTER

1175 Municipal Way, Grapevine, TX 76051 (817) 410-3465 www.grapevinetexas.gov

HALTOM CITY SENIOR CENTER

5000 Bernice Street, Haltom City, TX 76117 (817) 834-8021

HANDLEY MEADOWBROOK SENIOR CENTER

6201 Beaty Street, Fort Worth, TX 76112 (817) 392-2830

HOMETOWNE AT MATADOR RANCH SENIOR CENTER

8500 Crowley Road, Fort Worth, TX 76134 (817) 568-9595 www.hometowneatmatadorranch.com

HURST SENIOR CITIZENS ACTIVITIES CENTER

700 Heritage Circle, Hurst, TX 76053 (817) 788-7710 www.hursttx.gov

JEWISH FAMILY SERVICES SENIOR CENTER

4900 Briarhaven Road, Fort Worth, TX 76109 (817) 296-3709

KENNEDALE SENIOR CENTER

420 Corry A. Edwards Drive, Kennedale, TX 76060 (817) 985-2131 www.cityofkennedale.com

LINWOOD SQUARE

3201 Sondra Dr., Ft. Worth, TX 76107 (817) 332-7276

MANSFIELD SENIOR CENTER

106 S Wisteria Street, Mansfield, TX 76063 (817) 728-3680 ext. 3687 www.mansfieldtexas.gov

NORTH RICHLAND HILLS SENIOR CENTER

6000 Hawk Avenue, North Richland Hills, TX 76180 (817) 656-9525 www.nrhcentre.com

NORTHSIDE SENIOR CENTER

1100 NW 18th Street, Fort Worth, TX 76164 (817) 392-2257

NORTH TRI ETHNIC COMMUNITY CENTER

2950 Roosevelt Avenue, Fort Worth, TX 76106 (817) 392-2258 (817) 392-5200

RIVER OAKS SENIOR CENTER

5300 Blackstone Drive, Fort Worth, TX 76114 (817) 732–5885 www.riveroakscommunitycenter.com

THE MAGNOLIA

709 Magnolia Street, Arlington, TX 76012 (817) 261-0608

WATAUGA SENIOR CENTER

7901 Indian Springs Road, Watauga, TX 76148 (817) 514-5892 www.cowtx.org

WHITE SETTLEMENT SENIOR CENTER

8211 White Settlement Road, White Settlement, TX 76108 (817) 246-6619 www.wstx.us

WORTH HEIGHTS SENIOR CENTER

3551 New York Avenue, Fort Worth, TX 76110 (817) 392-2259 (817) 392-8722

For a complete list of food pantries available in your area:

Visit www.211texas.org

TRANSPORTATION

CALL A RIDE SOUTHLAKE

P.O. Box 92683, Southlake, TX 76092 (817) 798-4022 www.callaridesouthlake.org

Call a Ride of Southlake (CARS) provides free, non-emergency transportation to Southlake seniors and disabled adults. CARS will transport within a 25-mile radius of Southlake, including Arlington, Fort Worth and Dallas for most medical purposes. CARS will transport within a 7-mile radius of Southlake for non-medical purposes. The program is offered Monday through Friday from 8 A.M. to 5 P.M. and only serves Southlake Residents.

CATHOLIC CHARITIES TRANSPORTATION PROGRAM

249 W Thornhill Drive, Fort Worth, TX 76115 (817) 336-8714 www.catholiccharitiesfortworth.org

Catholic Charities Transportation Program provides transportation services for Catholic Charities Fort Worth. Catholic Charities works closely with each client to identify appropriate transportation solutions and look for available options that meet each client's needs, whether they are elderly, disabled or looking for ways to reach their employment destinations.

GRAND CONNECTION TRANSIT

1821 W Freeway Street, Grand Prairie, TX 75051 (972) 237-8546 www.gptx.org

Grand Connection Transit provides transportation to seniors that are at least 60 years of age or older and have a physical or mental disability. Must be a resident of Grand Prairie to qualify. Hours of operation are Monday, Wednesday and Friday from 4 A.M. to 5 P.M. and Tuesday and Thursday from 7 A.M. to 5 P.M.

HANDITRAN - CITY OF ARLINGTON

1101 W Main Street, Arlington, TX 76013 (817) 275-3704 www.arlington-tx.gov Handitran provides safe, friendly and reliable transportation for disabled citizens and adults 65 years of age and older in the Arlington area. Service hours are Monday through Friday from 7 A.M. to 10 P.M. and Saturdays from 8 A.M. to 9 P.M.

MEDICAID TRANSPORTATION

801 S State Highway 161, Grand Prairie, TX 75051 (855) 687-3255 www.hhsc.state.tx.us

Medicaid Transportation provides non-emergency transportation services for eligible customers (Medicaid) to authorized medical and dental appointments.

MY RIDE NORTH TEXAS (TARRANT)

3840 Hulen Street, North Tower, Fort Worth, TX 76107 (682) 587-7099 E-mail: myridetarrant@gmail.com www.mhmrtarrant.org

My Ride Tarrant provides transportation for older adults and persons with disabilities, that need help navigating transportation options throughout Tarrant County.

NORTHEAST TRANSPORTATION SERVICES

249 W Thornhill Drive, Fort Worth, TX 76115 (817) 336-8714

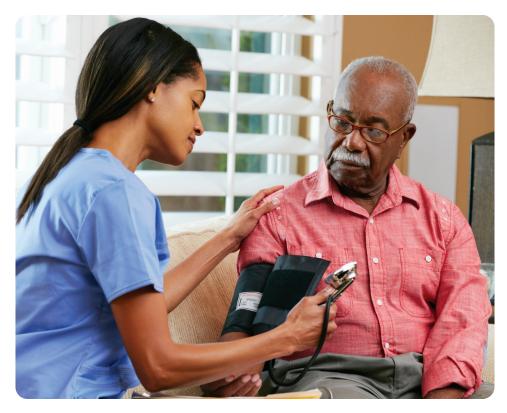
Northeast Transportation Services is a door-to-door, demand responsive para-transit service that is available to any resident of a participating city who is disabled or meets the eligibility requirements.

TRINITY METRO

1600 E Lancaster Avenue, Fort Worth, TX 76102 Main: (817) 215-8600 (817) 336-7433 www.ridetrinitymetro.org

The T provides public transportation services such as fixed route bus service for the cities of Fort Worth, Richland Hills and Blue Mound. Trained drivers are available to assist passengers in boarding and alighting vehicles specially designed to accommodate the mobility impaired.

GUIDE FOR CAREGIVERS



DIAGNOSTIC SERVICES

JPS HEALTH NETWORK

1500 S Main Street, Fort Worth, TX 76104 (817) 702-1100 www.jpshealthnet.org

JPS Health Network provides emergency services and trauma care as the only Level 1 Trauma Center in the county. JPS is equipped with inpatient care, emergency and impatient psychiatric care and a full range of outpatient services. JPS is focused on providing care across the continuum, including the emergency department, hospital, clinic and partnering with agencies across the community to provide care for patients.



MY HEALTH MY RESOURCES (MHMR) OF TARRANT COUNTY

(817) 335-3022 www.MHMRtarrant.org

MHMR provides an integrated array of services and referrals for children, adolescents and adults with behavioral health, substance use, and intellectual and developmental disabilities.

UNT HEALTH SCIENCE CENTER GERIATRIC ASSESSMENT AND PLANNING PROGRAM (GAPP CLINIC)

855 Montgomery Street, Fort Worth, TX 76107 (817) 735-2200 www.unthsc.edu

The GAPP Clinic provides assessment which may include a review of medical history and physical health, medications, functional and nutritional status, cognitive, emotional and psychological wellness. The GAPP Clinic also provides social service needs such as care and safety in the home, social network support, access to resources and planning for long term needs. The GAPP Clinic accepts private insurance, Medicare, Medicaid, Medicare assignment and managed care contracts.

Caregiver Education and Support:

Caregiver Support Group: Second Thursday/Month at noon. Dementia CARES: Educational support for caregivers meeting weekly on Wednesdays at noon. Contact: Jane Oderberg (jane.oderberg@unthsc.edu)

GUIDE FOR CAREGIVERS



INTELLECTUAL DEVELOPMENT DISABILITY SERVICES (IDD)

CATHOLIC CHARITIES

249 W Thornhill Drive, Fort Worth, TX 76115(817) 534-0814(817) 289-3802www.catholiccharitiesfortworth.org

Catholic Charities provides services including financial assistance, counseling, refugee services, abuse and neglect intervention and family preservation through case management services.

EASTERSEALS NORTH TEXAS

1424 Hemphill Street, Fort Worth, TX 76104 (817) 332-7171 Toll Free: (888) 671-7171 www.ntx.easterseals.com

Easterseals North Texas helps individuals with disabilities become more independent.

TEXAS HEALTH AND HUMAN SERVICES COMMISSION (HHSC)

801 S Highway 161, Ste. 700, Grand Prairie, TX 75051 Administration: (972) 337-6100 Adult Protective Services: (800) 252-5400 Complaint Hotline: (800) 458-9858 Intake Toll Free: (888) 337-6377 Ombudsman Program: (800) 252-2412 Texas Office of the Attorney General: (800) 252-8011 hhs.texas.gov

HHSC provides services for seniors and people with disabilities who request assistance in maintaining their independence as well as institutional care for those who require that level of support. Services provided include adult foster care, adult day care and assistance with tasks such as personal care and house cleaning.

TEXAS WORKFORCE COMMISSION

2400 Circle Drive, Fort Worth, TX 76119 Toll Free: (800) 628-5115 www.twc.state.tx.us

TWC provides programs to ensure that people with disabilities live independent and productive lives through job training and job coaching, providing workforce development services.

For more information on Intellectual and Developmental Disability Services in your area:

Visit www.211texas.org

THE IDD COUNCIL OF TARRANT COUNTY

1300 Circle Drive, Ste. 106, Fort Worth, TX 76119 (817) 569-4852 www.iddcouncil.org

The IDD Council is a community coalition of providers, public officials, families and selfadvocates who have come together to increase opportunities for people with intellectual and developmental disabilities in the community. Inclusion and awareness through community events and education.

Open for all to attend, the Council meets the first Thursday of each month, hosts Caregiver Education and Networking sessions, Making Connections Disability Resource Fairs throughout Tarrant County and an annual CapeAbilities Job Fair for people with disabilities, transition age to adult, seeking employment and improving employment skills.

MY HEALTH MY RESOURCES (MHMR) OF TARRANT COUNTY

(817) 335-3022 www.MHMRtarrant.org

MHMR provides an integrated array of services and referrals for children, adolescents and adults with behavioral health, substance use, and intellectual and developmental disabilities.





MEMORY CARE SERVICES AND ASSISTED LIVING

ATRIA GRAPEVINE

3975 William D. Tate Avenue, Grapevine, TX 76051 (817) 416-8907 www.atriaseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living, Independent Living, Short-term Stays

ATRIA LAKE ARLINGTON

2500 Woodside Drive, Arlington, TX 76016 (817) 457-9710 www.atriaseniorliving.com Care Types: Alzheimer's memory Care, Assisted Living, Independent Living, Short-term Stays

AUTUMN LEAVES OF ARLINGTON

514 Central Park Drive, Arlington, TX 76014 (817) 419-6700 www.autumnleaves.com Care Types: Alzheimer's Memory Care, Assisted Living

AUTUMN LEAVES OF CITYVIEW

7100 Dutch Branch Road, Fort Worth, TX 76132 (817) 769-3800 www.autumnleaves.com Care Types: Alzheimer's Memory Care, Assisted Living

AVALON MEMORY CARE ARLINGTON

7200 Highway 287, Arlington, TX 76001 Tours: (888) 445-2590 www.avalonmemorycare.com Care Types: Alzheimer's Memory Care, Assisted Living

AVALON MEMORY CARE FORT WORTH

4551 Boat Club Road, Fort Worth, TX 76135 Corporate: (800) 696-6536 www.avalonmemorycare.com Care Types: Alzheimer's Memory Care, Assisted Living

BETHESDA GARDENS FORT WORTH

5417 Altamesa Boulevard, Fort Worth, TX 76123 (817) 776-4162 www.bethesdagardensftworth.com Care Types: Alzheimer's Memory Care, Assisted Living, Hospice Care, Respite Care

BROOKDALE EDEN ESTATES

1997 Forest Ridge Drive, Bedford, TX 76021 (817) 267-2488 www.brookdale.com Care Types: Independent Living, Assisted Living

BROOKDALE MANSFIELD

1771 Country Club Drive, Mansfield, TX 76063 (817) 477-0600 www.brookdale.com Care Types: Assisted Living

BROOKDALE NORTH RICHLAND HILLS

8500 Emerald Hills Way, North Richland Hills, TX 76180 (817) 577-3337 www.brookdale.com Care Types: Independent Living, Assisted Living

BROOKDALE OAK HOLLOW

2016 L. Don Dodson Parkway, Bedford, TX 76021 (817) 267-6200 www.brookdale.com Care Types: Alzheimer's Memory Care

BROOKDALE PECAN PARK

915 N Fielder Road, Arlington, TX 76012 (817) 265-6900 www.brookdale.com Care Types: Alzheimer's Memory Care, Assisted Living

BROOKDALE RICHLAND HILLS

7520 B Glenview Drive, Richland Hills, TX 76180 (817) 589-8600 www.brookdale.com Care Types: Assisted Living, Alzheimer's & Dementia Care

BROOKDALE TANGLEWOOD OAKS

2698 S Hulen Street, Fort Worth, TX 76109 (817) 922-9559 www.brookdale.com Care Types: Alzheimer's Memory Care, Assisted Living

BROOKDALE WESTOVER HILLS

6201 Plaza Parkway, Fort Worth, TX 76116 (817) 989-1174 www.brookdale.com Care Types: Assisted Living, Alzheimer's Memory Care

COLONIAL GARDENS FORT WORTH

6931 River Park Circle, Fort Worth, TX 76116 (817) 731-7611 www.swltc.com Care Types: Alzheimer's Memory Care, End of Life Care, Respite Care, 24 Hour Care

DANCING RIVER ASSISTED LIVING

3735 Ira E. Woods Avenue, Grapevine, TX 76051 (817) 993-5117 www.dancingriver-al.com Care Types: Alzheimer's Memory Care, Assisted Living, 24/7 Care

GARDEN TERRACE ALZHEIMER'S CENTER OF EXCELLENCE

7500 Oakmont Boulevard, Fort Worth, TX 76132 (817) 346-8080 www.gardenterraceoffortworth.com Care Types: Alzheimer's Memory Care, Hospice Care, Nursing Center

GLENVIEW WELLNESS AND REHABILITATION

7625 Glenview Drive, North Richland Hills, TX 76180 (817) 284-1427 www.glenviewwellnessandrehab.com Care Types: Alzheimer's Memory Care, Nursing Center, Rehabilitation

GOOD LIFE SENIOR LIVING AND MEMORY CARE

812 W Morphy Street, Fort Worth, TX 76104 (817) 921-5400 www.goodlifeseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living

HERITAGE PLACE ASSISTED LIVING AND MEMORY CARE

621 Old Highway 1187, Burleson, TX 76028 (682) 282-3295 www.sagora.com/heritage-place Care Types: Alzheimer's Memory Care, Assisted Living, Independent Living

ISLE AT WATERCREST AT MANSFIELD

200 E Debbie Lane, Mansfield, TX 76063 (682) 422-7308 www.integratedseniorlifestyles.com Care Types: Alzheimer's Memory Care, Assisted Living, Extended Care, Independent Living

DISCOVERY VILLAGE AT SOUTHLAKE

101 Watermere Drive, Southlake, TX 76092 (682) 253-8983 www.discoveryvillages.com Care Types: Alzheimer's Memory Care, Assisted Living, Independent Living

JAMES L. WEST ALZHEIMER'S CENTER FOR DEMENTIA CARE

1111 Summit Avenue, Fort Worth, TX 76102 (817) 877-1199 www.jameslwest.org Care Types: Alzheimer's Memory Care, Nursing Center, Residential Care, Respite Care

LEGACY AT BEAR CREEK

200 S Keller Smithfield Road, Keller, TX 76248 (817) 786-0282 www.legacyatbearcreekseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living, Hospice Care, Independent Living, Nursing Care

LEGACY LIVING

1501 NE Green Oaks Boulevard, Arlington, TX 76006 (817) 795-1700 Care Types: Alzheimer's Memory Care

LEGEND ASSISTED LIVING AND MEMORY CARE

8600 N Riverside Dr, Fort Worth, TX 76244 (817) 885-8800 www.legendseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living

MEADOWBROOK MEMORY CARE

2300 Little Road, Arlington, TX 76016 (682) 463-9986 www.koelschseniorcommunities.com Care Types: Alzheimer's Memory Care, Hourly Care, Respite Care

MEADOWOOD ASSISTED LIVING AND MEMORY CARE

4545 Merlot Avenue, Grapevine, TX 76051 (817) 275-6100 www.legendseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living

MUSTANG CREEK ESTATES KELLER

675 Rapp Road, Keller, TX 76248 (817) 337-6800 www.mustangcreekestates.com Care Types: Alzheimer's Memory Care, Assisted Living

OXFORD GLEN AT GRAND PRAIRIE

2424 Grand Peninsula Drive, Grand Prairie, TX 75054 (469) 610-2678 www.oxfordseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living

RIVERSIDE INN AT FOSSIL CREEK

6621 N Riverside Drive, Fort Worth, TX 76137 (682) 990-2093 www.koelschseniorcommunities.com Care Types: Alzheimer's Memory Care, Assisted Living, Hourly Care, Respite Care

SILVERADO FORT WORTH MEMORY CARE COMMUNITY

7001 Bryant Irvin Road, Fort Worth, TX 76132 (817) 292-2662 www.silverado.com Care Types: Alzheimer's Memory Care

SILVERADO SOUTHLAKE MEMORY CARE COMMUNITY

2001 E Kirkwood Boulevard, Southlake, TX 76092 (817) 756-8600 www.silverado.com Care Types: Alzheimer's Memory Care, 24 Hour Nurse

STONEYBROOK MEMORY CARE OF GRAPEVINE

2501 Heritage Avenue, Grapevine, TX 76051 (817) 329-8500 www.grandbrook.com Care Types: Alzheimer's Memory Care, Assisted Living

SUNRISE OF FORT WORTH

6151 Bryan Irvin Road, Fort Worth, TX 76132 (817) 292-2288 www.sunriseseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living, Hospice Care, Nursing, Short-term Stays

THE COURTYARDS AT RIVER PARK

3201 River Park Drive, Fort Worth, TX 76116 (817) 732-4436 www.blueharborseniorliving.com Care Types: Alzheimer's Memory Care, Assisted Living, Independent Living

THE STAYTON AT MUSEUM WAY

2501 Museum Way, Fort Worth, TX 76107 (817) 349-7140 www.thestayton.com Care Types: Alzheimer's Memory Care, Assisted Living, Nursing, Rehabilitation

THE VANTAGE AT CITYVIEW

6301 Overton Ridge Boulevard, Fort Worth, TX 76132 (817) 292-5600 www.arborcompany.com Care Types: Alzheimer's Memory Care, Assisted Living, Dementia Care, Independent Living

OAK RIDGE ALZHEIMER'S SPECIAL CARE CENTER

4501 Silver Sage Drive, Haltom City, TX 76137 (817) 849-8000 www.jeaseniorliving.com Care Types: Assisted Living, Alzheimer's Memory Care, Respite Care

THE WATERFORD ON COOPER

1860 N Cooper Street, Arlington, TX 76011 (817) 261-3601 www.capitalsenior.com/thewaterfordoncooper Care Types: Alzheimer's Memory Care, Assisted Living, Respite Care

THE WESTMORE SENIOR LIVING COMMUNITY

25 Leonard Trail, Westworth Village, TX 76114 (682) 282-3332 www.sagora.com/westmore Care Types: Alzheimer's Memory Care, Assisted Living, Occupational Therapy, Physical Therapy, Rehabilitation, Speech Therapy

WALNUT CREEK ASSISTED LIVING AND MEMORY CARE COMMUNITY

2281 County Club Drive, Mansfield, TX 76063 (817) 473-3018 www.capitalsenior.com/walnutcreek Care Types: Alzheimer's Memory Care, Assisted Living, Respite Care

WHITLEY PLACE

800 Whitley Road, Keller, TX 76248 (817) 379-0795 www.capitalsenior.com/whitleyplace Care Types: Alzheimer's Memory Care, Assisted Living, Respite Care

For a complete list of licensed assisted living facilities:

Visit apps.hhs.texas.gov/ltcsearch

GUIDE FOR CAREGIVERS



CAREGIVER EDUCATION AND SUPPORT

AGING AND DISABILITY RESOURCE CENTER OF TARRANT COUNTY (ADRC)

1300 Circle Drive, Fort Worth, TX 76119 (888) 730-2372 www.tarrantcountyadrc.org

Serves people with disabilities of all ages, caregivers and families who require multiple services. Screening and access to respite programs, caregiver support and education programs, attendant care services and in-home care. Options counselors and benefit assistance are also available.

ALZHEIMER'S ASSOCIATION NORTH CENTRAL TEXAS CHAPTER

2630 W Freeway, Ste. 100, Fort Worth, TX 76102 24/7 Helpline: (800) 272-3900; (817) 336-4949 www.alz.org/northcentraltexas

CAREGIVER/EARLY-STAGE SUPPORT GROUPS: Conducted by trained facilitators, support groups are a way for caregivers and their loved ones with dementia to build a support system with people who understand

EARLY-STAGE SOCIAL ENGAGEMENT GROUPS: Specialized programs that provide quality support, socialization and advocacy opportunities for people in the early stages of dementia and their loved ones.

CARE CONSULTATION: Our Care Consultants help navigate the difficult decisions and uncertainties that people with dementia and their families face by conducting assessments of need and creating an action plan to address the family's needs and concerns.

24/7 HELPLINE: This free service is available around the clock, 365 days a year to people living with the disease, caregivers, families and the public. Contact the Helpline for confidential support, education and information about local programs and services. 800-272-3900

REACH: Resources for Enhancing Alzheimer's Caregiver Health (REACH) is a caregiver skill-building program. Over a six-month period, a caregiver meets individually with a dementia care specialist to address issues affecting caregiver well-being such as disease education, stress, self-care, and social support. This program is offered at no charge.

EDUCATION FOR PROFESSIONALS AND CAREGIVERS: Engaging programs designed for both caregivers and professionals that provide information about Alzheimer's disease. Continuing education credits are available with some programs. Online workshops are available on our website at training.alz.org.

ONLINE RESOURCES: When Alzheimer's touches your life, we are here for you. Visit alz.org to access free, online resources for caregivers, professionals, and people living with dementia.

AREA AGENCY ON AGING TARRANT COUNTY

1500 N Main Street, Fort Worth, TX 76164 (817) 258-8081 www.unitedwaytarrant.org/aaa

The Area Agency on Aging assesses the needs of adults age 60 and older and sets priorities for services. Provides funding for a variety of services and programs for older adults, including respite for caregivers, congregate meals, home delivered meals, medical transportation and more through partnerships with many community organizations.

FAMILY EDUCATION: Specialized workshops and seminars are designed to support caregivers with relevant information to confront any type of dementia diagnosis. These programs are held regularly at no cost or minimal cost to families. Our online sessions are available through our partner agencies.

PROFESSIONAL TRAINING: Professional development programs offer healthcare providers and medical professionals with opportunities to enhance their ability to care for people with dementia. Programs over a wide range of dementia-related topics and offer continuing education credits. Training is also available online.

FAMILY CARE SERVICES: A personalized approach to connecting families to resources and support. Our Case Management program provides education to help families obtain resources and services to meet their unique needs. Our dementia care specialists in the REACH program focus on addressing issues that seriously impact caregivers' health, while promoting social networks and selfcare.

BENEFITS COUNSELING: Benefits counselors offer free and neutral information about Medicare, Medicaid, Social Security and other benefits for older adults and people with disabilities.

DEMENTIA FRIENDLY FORT WORTH

705 W. 5th Street, Fort Worth, TX 76102 (817) 332-6266 www.dffw.org

DEMENTIA FRIENDLY CHAPEL: Join us virtually each Wednesday and Sunday for a worship service, which includes singing of old hymns, scripture reading and prayer. This weekly service is open to all persons with special needs, care partners, and families. This service will be the highlight of the week for your loved one with dementia and for you! Anyone who enjoys singing old hymns is welcome and will want to make it a regular part of their week.

ACTIVITIES FOR PEOPLE LIVING AT HOME WITH DEMENTIA: Join us for this half-hour online activity session designed to engage people who are living at home with dementia. Each session will feature a guest presenter who will guide participants through fun and engaging activities they can do from home. These activities will include things like music therapy, movement, arts, sing-a-longs, and social opportunities. Having a routine can be a major benefit for those with dementia, so we have chosen to offer this program five days a week! Special thanks to the United Way Area Agency on Aging grant funding for making this possible. Register and find the Zoom link at www.dffw.org/events.

5TH STREET CAFE: A DEMENTIA FRIENDLY SOCIAL CLUB: This newly updated Virtual 5th Street Cafe Dementia Friendly Social Club is a new venture by Dementia Friendly Fort Worth and its partners, held each week on Wednesdays at 11:00AM online. This friendly Zoom gathering of people with self-reported memory loss, mild cognitive impairment, or a diagnosis of some type of dementia or Alzheimer's Disease offers the opportunity for social engagement, friendship, and a break from the daily routine for people in early stages of dementia. We know this time of social distance is challenging. Join us on Zoom for a relaxed and fun way to socialize and just be together. Register and find the Zoom link at www.dffw.org/events.

VARIOUS COLLABORATIVE EDUCATION EVENTS: Check out our website at www.dffw. org or sign up to receive e-mails at: http://eepurl.com/cHTd5j

JAMES L. WEST ALZHEIMER'S CENTER FOR DEMENTIA CARE

1111 Summit Avenue, Fort Worth, TX 76102 (817) 877-1199 www.jameslwest.org

ALZHEIMER'S AND DEMENTIA CAREGIVING TRAINING: This six-session training is designed to give families the skills and tools needed to care for someone with dementia in order to live happily, healthily and together for as long as possible. The individual sessions cover in detail: What to Expect; Communication; Managing Behaviors; Daily Care Management and Home Safety; Planning for the Future and Reducing Stress and Coping Skills.

STRESS BUSTING PROGRAM FOR CAREGIVERS: This nine-week program teaches caregivers how to deal with stress through relaxation techniques and problem solving and how to care for themselves while caring for a person with dementia.

DEMENTIA LIVE: Dementia Live is a powerful real life simulation experience that immerses participants into life with dementia, resulting in a remarkable inside-out understanding of cognitive impairment and sensory change.

GUIDE FOR CAREGIVERS

GLOSSARY

ASSISTED LIVING: Assisted living facilities provide personal care assistance in a homelike setting with an emphasis on personal dignity, autonomy, independence and privacy. Texas licenses assisted living facilities based on residents' physical and mental ability to evacuate the facility in an emergency and whether night time attendance is necessary.

CARE HOMES: Care homes offer licensed care usually in a residential setting aiding with medication, dressing or other needs the patient may need.

DAY CARE: Licensed day activity and health service facilities provide daytime services, up to ten hours a day, Monday through Friday, nursing care or therapy.

DEVELOPMENTAL DISABILITIES: Diverse group of severe, chronic conditions due to mental and/or physical impairments. People with developmental disabilities have problems with major life activities such as language, mobility, learning, self-help and independent living. Frequently, people with cerebral palsy, autism spectrum disorders, Fetal Alcohol Spectrum Disorder and various genetic and chromosomal disorders such as Down Syndrome and Fragile X Syndrome are described as having developmental disabilities.

HOME HEALTH CARE: Home Health agencies provide a wide range of skilled services such as nursing, social services, therapeutic treatments and social services delivered at home to people recovering from an illness or injury or people who are elderly, disabled, and/or chronically ill.

INTELLECTUAL DISABILITY: Characterized both by a significantly below-average score on a test of mental ability or intelligence and by limitations in the ability to function in areas of daily life, such as communication, self-care, socialization and school activities.

MEMORY CARE: Communities offering specialized programs for residents suffering from Alzheimer's Disease or other forms of memory loss. These programs can be offered by residential, assisted living or nursing centers.

NURSING CENTERS AND REHABILITATION: Nursing home are residential facilities that provide care for people whose medical condition regularly require the skills of licensed nurses. Nursing homes assisted with the medical, social and psychological needs of each resident, including room and board, social services, over-the-counter medications, medical supplies and equipment, rehabilitative services and personal needs items.

RESPITE CARE: Respite programs provide planned short-term breaks for families and other unpaid caregivers.

SITTER SERVICES AND HOME CARE: Provides non-technical, non-skilled, in-home attendant services in the home, hospital or residential center. Service may include personal care assistance, grooming, medication supervision, light housekeeping or transportation.

ONLINE RESOURCES

AARP www.aarp.org

AGING AND DISABILITY RESOURCE CENTER www.tarrantcountyadrc.org

AGING WITH DIGNITY www.agingwithdignity.org

ALZHEIMER'S ASSOCIATION www.alz.org/northcentraltexas

ALZHEIMER'S DISEASE EDUCATION AND REFERRAL CENTER www.nia.nih.gov/alzheimers

AMERICAN ACADEMY OF DEVELOPMENTAL MEDICINE AND DENTISTRY www.aadmd.org

AREA AGENCY ON AGING www.unitedwaytarrant.org/aaa

CAREGIVER.COM www.caregiver.com

CARING CONNECTIONS www.caringinfo.org

CAREGIVER SOS www.caregiversos.org

CENTERS FOR DISEASE CONTROL AND PREVENTION www.cdc.gov/aging/

CHILDREN OF AGING PARENTS (CAPS) www.caps4caregivers.org

DEMENTIA FRIENDLY AMERICA www.dfamerica.org

DEMENTIA FRIENDLY FORT WORTH www.dffw.org

ELDERCARE LOCATOR www.eldercare.org

HHS ADMINISTRATION FOR COMMUNITY LIVING www.acl.gov **LEADINGAGE TEXAS** www.leadingagetexas.org

MEALS ON WHEELS, INC. OF TARRANT COUNTY www.mealsonwheels.org

MHMR OF TARRANT COUNTY www.mhmrtarrant.org

NATIONAL ALLIANCE FOR CAREGIVING www.caregiving.org

NATIONAL ALZHEIMER'S AND DEMENTIA RESOURCE CENTER www.nadrc.acl.gov

NATIONAL RESPITE LOCATOR SERVICE www.archrespite.org/respitelocator

NEW LIFESTYLES www.newlifestyles.com

STRENGTH FOR CARING www.strengthforcaring.com

TEXAS ASSOCIATION OF HOMECARE AND HOSPICE www.tahch.org

TEXAS HEALTH AND HUMAN SERVICES www.hhs.texas.org

U.S. ADMINISTRATION ON AGING (AOA) www.acl.gov/about-acl/administration-aging

VISITING NURSE ASSOCIATIONS OF AMERICA (VNAA) www.vnaa.org

WELL SPOUSE ASSOCIATION www.wellspouse.org

211 TEXAS www.211texas.org

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